

## New Materials in Resource Centre For August 2011



The following items are now available for loan from the Alzheimer Society of Toronto Resource Centre.

For a complete listing of items in our collection, as well as online materials in over 75 languages, please consult our online Resource Centre Catalogue at [www.alzheimertoronto.org/lib\\_onlineCatalogue.htm](http://www.alzheimertoronto.org/lib_onlineCatalogue.htm).

To go on the waiting list for any of the items listed below, please contact:

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## DVDs

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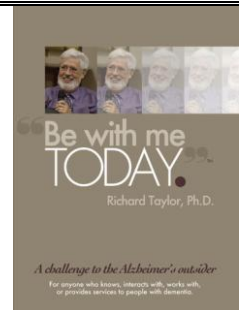
### *Be With Me Today: A challenge to the Alzheimer's outsider*

Taylor, Richard. Atlanta, GA: Have a Good Life Media, 2009

DVD RC 523.2 B4 2009. 51 min.

Psychologist and professor, Richard Taylor, was diagnosed with dementia, probably of the Alzheimer's type, when he was 58 years old. Now 66, he speaks to audiences, nationally and internationally, about living with the disease and understanding it from the other side.

"Here's what it's like to have AD," he explains. "Here's how people treat me" and "here's how you should treat me." Listen to Richard as he speaks from his heart, urging professionals and caregivers alike to recognize that "There is a person in there."



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### *Jack: Quality of Life in Dementia Care*

Alzheimer's Australia, 2006

DVD GV 185 J32 2006. 20 min.

Video shows Jack participating in snoezelen programs and doll therapy, as well as interviews with the professional care staff who work with him and family members. Jack is animated by the snoezelen activities and cares for the dolls which are real to him.

Initially Jack was an aggressive and difficult resident, however after the introduction of snoezelen sessions and the use of dolls, Jack changed to be a happy and engaged resident and is now able to give care as well as receive it. It makes him feel worthwhile. Jack's story is about quality of life in dementia care. It's about making a difference and finding the key to lighting a soul. Jack illustrates this beautifully.



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### *The Sandwich Generation*

Winokur, Julie. Montclair, NJ : Talking Eyes Media, 2008

DVD RC 523.2 S27 2008 28 min.

In this emotionally charged account of family caregiving, filmmaker Julie Winokur and her husband, photojournalist Ed Kashi, expose their personal lives with unflinching candor. Winokur and Kashi uprooted their two children and their business in order to move 3,000 miles cross-country to care for Winokur's father, Herbie.

At 83, Herbie has dementia and can no longer live alone. Winokur and Kashi are faced with difficult choices and overwhelming responsibility as they charge head on through their Sandwich years. It is a story of love, family dynamics and the immeasurable sacrifice of those who are caught in the middle.



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### *Stolen Memories: Alzheimer's Disease*

Stace, Rachel. New York, NY : Filmmakers Library, 2002

DVD RC 523.2 S86 2002. 49 min.

Filmed over ten months, Stolen Memories follows 3 people in their fifties who have been recently diagnosed with Alzheimer's disease. All are married with children and are struggling to come to terms with an incurable illness usually thought of as an "old people's disease".

Roger and Chris, a couple with previous marriages behind them, were very much in love when Roger was diagnosed at age 57. Now this formerly extroverted man is isolated at home while Chris works full time to support them both. She has joined a support group which helps her handle her emotions but she is concerned with Chris's growing isolation.

Patricia Hollis had brought up five children and was used to managing a large household when Alzheimer's struck. Her husband has now given up his job to share their years together before she loses her ability to recognize him. On top of the resulting financial hardships, the drugs Patricia takes to slow the disease's effects are unsubsidized, costing them hundreds of dollars a month.

Michael and Mary have three young children who are having trouble dealing with their father's failing memory. Mary must work full time, managing the household and dealing with her husband's deterioration

Dr. Phil Wood, a geriatric specialist, speaks about the disease and the drug therapy used to slow the disease's progress. Stolen Memories gives sympathetic portraits of couples affected by this relentless disease while, at the same time, informing the public about advances being made in its treatment.

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## Non-English DVDs

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### *Memory Adrift - Mémoire à la dérive*

Toronto : National Film Board of Canada, 2007

Call #: FREN DVD RC 523.2 M45 2007. 65:13 min. French with English subtitles.

Obéline, Rose, Rolande and Jacqueline look like any other elderly women. But they have Alzheimer's and are progressively losing their memories, independence and clarity.



This documentary brings us into the world of these four likeable residents of the Maison Jean-XXIII in Trois-Rivières. Pauline Voisard filmed their everyday lives over two years in this special home where they are encouraged to stay active.

Family members, some calm, some anxious, also confide in the filmmaker about their relatives, who, like small children, are living in a perpetual present. In a mixture of dark and light, *Memory Adrift* tells the story, now comic, now poignant, of these women who have kept their personalities despite their illness. A portrayal that makes us look differently at the victims of this frightening disease.

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## Juvenile & Young Adult Books

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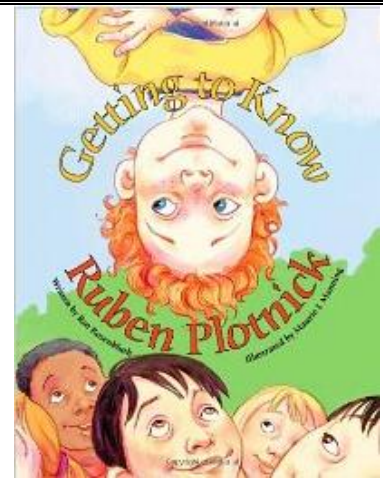
### *Getting to Know Ruben Plotnick*

Rosenbluth, Roz. Brooklyn, NY : Flashlight Press, 2005

JUV RC 523.6 R67 2005

This children's book tells the story of David and Grandma Rosie, who has dementia and whose unpredictable behaviour threatens to embarrass David in front of a new friend, Ruben Plotnik, the coolest kid in his class. One day, Ruben invites himself over to David's house. David worries about what Ruben will think of his Grandma Rosie and her weird behaviour.

Grandma Rosie is an awesome checkers player, but sometimes she knocks over the board when arguing with Grandpa Nate, who died 5 years ago. Her favourite thing is dancing, so whenever she calls out "Nate, let's waltz" the nearest family member puts an arm around her waist and waltzes her around the room. To David's great relief, Ruben steps up and gallantly dances around the kitchen with Grandma Rose. David learns that Ruben is not just the coolest kid; he also has the warmest heart.

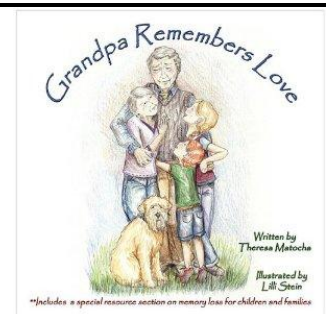


### *Grandpa Remembers Love*

Matocha, Theresa. Bloomington, IN : AuthorHouse, 2010

JUV RC 523.6 M27 2010

It's Thursday! Ten year old, Elaine and seven year old, Teddy's favorite day of the week. After school, they take the bus to their grandparent's house where Grandma Mary's amazing homemade treats are always waiting for them. This week though, Teddy's feeling confused and sad about going. Grandpa Jack hasn't been much fun lately. He always loved playing catch with Teddy but now he won't do it anymore. Why does his grandfather look the same but act so differently?



*Grandpa Remembers Love* is an uplifting story about connecting with a grandparent who has dementia. With the help of their wise grandmother, Elaine and Teddy begin to understand that an important part of their grandfather's memory has not gone away. And, that focusing on what grandpa CAN do creates new opportunities for strengthening the love between them. The children discover that by finding insightful ways to engage him--they truly can help grandpa remember love

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### *It Only Looks Easy*

Swallow, Pamela Curtis. New York, NY: Square Fish, 2003

JUV RC 523.3 S92 2003

On her first day in seventh grade, Kat Randall learns that her impetuosity can lead to serious consequences. After her beloved retriever is hit by a car driven by an elderly woman with Alzheimer's, Kat cannot wait any longer to hear about her dog's condition; she "borrows" a bike from school grounds and heads to the vet.

Cheddar will ultimately pull through but Kat's troubles have just begun, because the bike gets stolen and she must earn the money to replace it. More bikes are taken from school and the police view Kat as a suspect.

She becomes increasingly involved with Mr. and Mrs. Lawrence (the woman who hit Cheddar), staying with her so that her husband can occasionally get out. Kat's generous, impulsive nature is still in evidence, but she slowly learns responsibility, realizing that everyone deals with issues of one sort or another. Ultimately, the thieves are caught, Kat is exonerated, and she regains her sense of being a person who can be relied upon to do the right thing.



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### *What my grandma means to say*

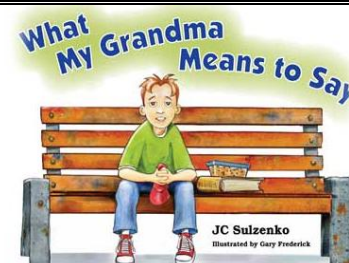
Sulzenko, J. C. Renfrew, ON : General Store Publishing House, 2010

JUV RC 523.6 S94 2010

Eleven year-old Jake shares his story as he watches his grandma change from awesome traveller, bird watcher, and brownie-baker to someone who doesn't remember his name or where she lives. Grandma is losing her memory because of Alzheimer's disease. This story gives families and children an opportunity to explore the difficult subject of dementia at a safe distance from what may be happening to someone they know and about whom they care.

By following Jake as he finds out how to support his grandmother and himself, children and families build their own strengths and strategies for handling similar situations in their lives and in the lives of people they love.

The book also provides answers to frequently asked questions, plus a list of sources for further information to assist families and children in learning about Alzheimer's disease and related dementias.



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### *A Young Man's Dance*

Knowlton, Laurie Lazzaro. Honesdale, PEN : Boyds Mills Press, 2006

JUV RC 523.6 K75 2006

Grandma Ronnie loved to bake cookies for her grandson. She loved to dance with him in the kitchen while the cookies were in the oven. Now she lives in a nursing home, where she sits in a wheelchair and plays bingo. Grandma Ronnie doesn't remember the cookies. She doesn't remember the name of her grandson. But Grandma Ronnie remembers dancing.

Seeing Grandma Ronnie in the nursing home isn't easy for her grandson. It's like visiting a stranger. His mother, however, helps him understand that Grandma Ronnie is still his grandmother. Though she may have forgotten their favorite cookies, she had made them with love in her heart.

During one visit, a band is playing at the nursing home. Grandma Ronnie is swaying to the music. That's when her grandson begins to see her in a new light. What he does next will lift his grandmother's spirits as well as his own. Laurie Knowlton's deeply felt story is told from the perspective of a young person struggling to understand a loved one living with Alzheimer's disease.

